



FALL 2017

## Chestermere Regional Recreation Centre

# Preschool & Swim Programs

**REGISTRATION FOR ALL FALL 2017 PROGRAMS OPEN**

**August 1, 2017 at 10 a.m.**

*Online and In-Person*

### **FLOOR HOCKEY (AGES 3 - 6)**

*Basic hockey skills are taught through drills, activities and games in a positive, fun but 'sweaty' atmosphere.*

**Ages 3 - 4 yrs** (3 at start of prog): 5 - 5:45 p.m.

**Ages 5 - 6 yrs** (5 at start of prog): 5:45 - 6:30 p.m.

Sundays @ the Rec Centre - Main Hall

### **Sept 24 - Dec 10 (8 wks)**

*No Oct 1 & 8. (Oct 22 & 29 will be drop-in days as Coach Conroy is away.)*

Fee: \$130 (Discount with Membership \$105)

### **HOCKEY LEARN TO SKATE (AGES 3 - 5)**

*Coach Conroy will teach an on ice program - great for aspiring young hockey players. Participants must be able to walk on skates without a parent or assistance (max 12).*

10:45 - 11:30 a.m.

Fridays @ the Rec Centre - Blue Arena

### **Sept 22 - Dec 1 (8 wks)**

*No Oct 6. (Oct 20 & 27 will be drop-in days as Coach Conroy is away.)*

Fee: \$135 (Discount with Membership \$110)

### **SPORTBALL SOCCER (AGES 3 - 5)**

*Learn soccer fundamentals through games and activities!*

**Ages 3 - 4 yrs** (3 at start of prog): 1:30 - 2:30 p.m.

**Ages 4 - 5 yrs** (4 at start of prog): 2:30 - 3:30 p.m.

Sundays @ the Rec Centre - Main Hall

### **Oct 15 - Dec 3 (8 wks)**

Fee: \$165 (Discount with Membership \$140)

### **SPORTBALL (AGES 2-5)**

*A multi-sport class where the fundamentals of hockey, soccer, football, baseball, basketball, volleyball, golf and tennis are taught.*

### **Ages 2 - 4 (Parent & child)**

Thursdays: 9:45 - 10:30 a.m. **or** 2 - 2:45 p.m.

Sundays: 11:30 a.m. - 12:15 p.m.

### **Ages 3 - 5 (Unparented)**

Thursdays: 10:30 - 11:30 a.m. **or** 1 - 2 p.m.

Sundays: 12:15 - 1:15 p.m.

### **Session #1: Sept 28 - Nov 2 (6 wks)**

### **Session #2: Nov 9 - Dec 14 (6wks)**

Fee: \$130 (Discount with Membership \$105)

### **CRCA PRESCHOOL LEARN TO SKATE PROGRAMS (AGES 3 - 6)**

Tuesdays & Thursdays @ Rec Centre - Blue Arena

### **Session #1: Sept 19 - Oct 31 (6 wks/12 classes)**

*No Oct 10<sup>th</sup>*

### **Session #2: Nov 7 - Dec 14 (6 wks/12 classes)**

#### **Pre Snowflake 1**

Beginners who have never skated before.

9:30 - 10 a.m. **OR** 12:30 - 1 p.m.

#### **Snowflake 1**

Beginners who can walk on skates by themselves.

10 - 10:30 a.m. **OR** 1 - 1:30 p.m.

#### **Snowflake 2**

Skaters who have completed Snowflake 1. 10:30 -

11 a.m. **OR** 1:30 - 2 p.m.

#### **Snowflake 3**

Skaters who have completed Snowflake 2.

11 - 11:30 a.m. **OR** 2 - 2:30 p.m.

Fee: \$145 (Discount with Membership \$120)



**GYMNASTICS PROGRAMS**

Learn the fundamentals of movement and basic gymnastic skills with fun themes and circuits.  
Rec Centre – MPP Hall

**Parent & Tot (PARENTED, AGES 2 - 4)**

Mondays: 1:45 – 2:30 p.m. **or** 4 – 4:45 p.m. **or** 5:45 – 6:30 pm  
Tuesdays: 9:30 – 10:15 a.m. **or** 12 – 12:45 p.m.

**Preschool (UNPARENTED, AGES 4 - 6)**

Mondays: 1 – 1:45 p.m. **or** 4:45 – 5:30 p.m. **or** 6:30 – 7:15 p.m.  
Tuesdays: 10:15 – 11a.m. **or** 12:45 – 1:30 p.m.

**Sept 25/26 - Dec 11/12 (10 wks)**

No Oct 9, 10, Nov 20, 21

Fee: \$175 (Discount with Membership \$150)

**PARENT & TOT DROP IN GYM (AGES 0 - 5)**

Bring your children to play and have fun with our leaders while parents can relax and socialize.  
9 – 10:30 a.m.

Tuesdays & Thursdays @ Rec Centre – Main Hall

**Oct 2 – Dec 14**

Please check our website for weekly availability.

Members: \$3/child / Non-Members: \$5/child



**CRCA ROYAL LIFESAVING SOCIETY  
LEARN TO SWIM PROGRAMS  
FOR 6 MONTHS - 6 YEARS**

- A Partnership Program at the Best Western Plus Hotel in Chestermere.
- Session 1 classes start September 24, 26, & 28 (no classes Oct 8).
- Classes may change slightly due to skill level of participants and registration numbers.
- All programs are 30 minutes in length.
- Fee: \$90 (Discount with Membership \$65)

**PARENT & TOT (6 Months - 3 Years)**

Based on the principle "Within Arms Reach", these classes focus on close playful interaction and shared fun between child, parent and water. Max 5.

**Level 1, 2 & 3 (8 wks)**

Day	Time
<b>SUNDAYS</b> Oct 1 - Nov 26	12 p.m.
	3 p.m.
<b>TUESDAYS</b> Oct 3 - Nov 21	9:30 a.m.
	4 p.m.
<b>THURSDAYS</b> Oct 5 - Nov 23	9:30 a.m.
	4 p.m.

**PRESCHOOL LEVELS 1 - 5 (Ages 3 - 6)**

Children will get a head start on learning to swim. They'll have fun developing the basics to be safe and confident little swimmers. Includes Water Smart® education as well. Max 8.

**Level 1- 3 (8 wks)**

Day	Time
<b>SUNDAYS</b> Oct 1 - Nov 26	12:30 p.m.
	1 p.m.
	1:30 p.m.
	3:30 p.m.
	4 p.m.
<b>TUESDAYS</b> Oct 3 - Nov 21	4:30 p.m.
	10 a.m.
	10:30 a.m.
	4:30 p.m.
	5 p.m.
<b>THURSDAYS</b> Oct 5 - Nov 23	5:30 p.m.
	4:30 p.m.
	5 p.m.

**Level 4 - 5 (8 wks)**

Day	Time
<b>SUNDAYS</b> Oct 1 - Nov 26	2 p.m.
	2:30 p.m.
	5 p.m.
<b>TUESDAYS</b> Oct 3 - Nov 21	5:30 p.m.
	11 a.m.
	11:30 a.m.
<b>THURSDAYS</b> Oct 5 - Nov 23	6 p.m.
	6:30 p.m.
	6 p.m.